



Cabbage Palm*
Sabal palmetto

Height: 40 feet

Spread: 12 feet

Sunlight: ☉ ●

Hardiness Zone: 8b

Other Names: Cabbage Palmetto

Description:

This robust native palm makes a perfect landscape accent; tolerates drought and adapts to a wide variety of soils; quite resistant to cold spells as well; used frequently for beachside plantings; Florida's state tree

Ornamental Features

Cabbage Palm features showy panicles of fragrant creamy white flowers held atop the branches from late spring to early summer. It has attractive grayish green evergreen foliage. The lobed palmate leaves are highly ornamental and remain grayish green throughout the winter. The fruits are showy black drupes displayed from late summer to early fall.

Landscape Attributes

Cabbage Palm is an evergreen tree with a strong central leader and a towering form, with a high canopy of foliage concentrated at the top of the plant. Its average texture blends into the landscape, but can be balanced by one or two finer or coarser trees or shrubs for an effective composition.

This is a relatively low maintenance tree, and should not require much pruning, except when necessary, such as to remove dieback. It is a good choice for attracting birds and bees to your yard. It has no significant negative characteristics.

Cabbage Palm is recommended for the following landscape applications;



Cabbage Palm
Photo courtesy of NetPS Plant Finder



Cabbage Palm
Photo courtesy of NetPS Plant Finder

- Accent
- Vertical Accent
- Naturalizing And Woodland Gardens

Planting & Growing

Cabbage Palm will grow to be about 40 feet tall at maturity, with a spread of 12 feet. It has a high canopy of foliage that sits well above the ground, and should not be planted underneath power lines. As it matures, the lower branches of this tree can be strategically removed to create a high enough canopy to support unobstructed human traffic underneath. It grows at a slow rate, and under ideal conditions can be expected to live to a ripe old age of 100 years or more; think of this as a heritage tree for future generations!

This tree does best in full sun to partial shade. It is quite adaptable, preferring to grow in average to wet conditions, and will even tolerate some standing water. It may require supplemental watering during periods of drought or extended heat. It is not particular as to soil type or pH, and is able to handle environmental salt. It is highly tolerant of urban pollution and will even thrive in inner city environments. This species is native to parts of North America.

Lindley's Florida Native

** Florida Native **

* This is a 'special order' plant - contact store for details



Cabbage Palm flowers
Photo courtesy of NetPS Plant Finder